



Fitness Coach

Windsor Lawn Tennis Club are offering a fantastic opportunity for an experienced Personal Trainer to join our club as our Fitness Coach.

Windsor Lawn Tennis Club was founded in 1901. It is very much a “player’s” tennis club. It has a membership of 500+ Adults and Juniors. Its well maintained tennis courts continue to attract the Province’s best players, resulting in participation and successes at local, national and international level. The club provides a home for National and Internal tournaments, including Ulster’s only ITF Junior Tournament. In addition to tennis, the club offers facilities for Squash and Gym members.

The club is offering a self-employment opportunity, where the Fitness Coach will be responsible for developing their PT business. The Coach will be able to keep 100% of the PT and class income which they generate. The Coach is to engage with members to organise fitness classes, either in the gym itself, in the adjoining clubhouse rooms or on court. The coach will be required to provide gym induction for new members. The Coach should consider some classes which are aimed at sports fitness for racquet sports.

The Fitness Coach, they will pay a highly competitive rent for use of the gym, after a rent-free period, and other club facilities, to run their business from the club. This is an opportunity for sole access to 100s of current and new members, who are seeking to improve their fitness. The Club want a mutually beneficial, long term, relationship with the Coach and will encourage and help you grow and succeed with your business and interact with the members on your behalf.

The club will engage with you to consider the current gym facilities with a view to modernising and expanding the facility as required.

If you have a passion for fitness and love helping people achieve their potential and reach their goals, then Windsor is the place for you.

The Fitness Coach will provide:

- Promote, sell and deliver 1-2-1 PT training to members
- Undertake Classes of around 10 hours a week
- Provide Induction classes, this is not expected to exceed 1 hour per week
- Support retention by engaging with members and provide fitness advice and guidance in the club.

The Fitness Coach will have.

- One years' experience working in a similar environment
- First aid qualification
- Level 2 REPs or CIMSPA recognised qualification
- A commitment to the success of the club and respect for the values that the club represents.

Please apply with your CV to reception@windsortennis.co.uk, Closing date for applications is **Friday 28th April 2023.**